



Coming Soon for Washington County School Employees:

Healthy Solutions by Gateway Health

Healthy Solutions delivers a comprehensive turnkey corporate health improvement program that is custom designed to meet your company's specific needs. All programs are designed to lower healthcare costs and improve employees' overall wellbeing. *Healthy Solutions* will:

- 🍏 Coordinate with company executives and your HR team to understand your company's culture and create measurable short-term and long-term goals
- 🍏 Develop initiatives and incentive-based programs intended to complement your plan design and ensure active participation
- 🍏 Provide administrative support to secure employee buy-in, launch health improvement initiatives, and communicate program objectives
- 🍏 Organize and/or facilitate onsite "kick-off" meetings to announce and communicate program initiatives

Key components of *Healthy Solutions*:

- 🍏 On-site health screenings
- 🍏 Online Health Risk Assessment (HRA)
- 🍏 Personal Health Record (PHR)
- 🍏 Comprehensive Aggregate and Individual Health Improvement Reporting
- 🍏 One-on-One Coaching with a Registered Nurse Health Coach

Please look for more information in the weeks to come!