



WCS Breakfast Menu for 2016-2017

A healthy school breakfast tray will include:

- ★ Student's choice of **ONE "Daily Entrée Special"**
- ★ Student's choice of **One or Two Fruits** 4oz. Fruit Juice, 1/2 Cup Fresh Fruit, 1/2 Cup Canned Fruit
- ★ **Student's choice of Milk**

IN ORDER TO HAVE A COMPLETE MEAL!

Students must Choose 1/2 cup Fruit or Vegetable!



Choice of One Entrée:

- Sausage Biscuit
- Chicken Biscuit
- Steak Biscuit
- Asst. Cereal or Cereal Bar/Graham cracker
- Pillsbury Mini Cinnis
- Sky Blue Snack Bun
- Asst. Pop Tarts
- Yogurt/Graham Crackers or Dunkin Stick
- Goody Ring

Choice of One or Two Fruits

- 4 oz. Fruit Juice
- 1/2 Cup Fresh Fruit
- 1/2 Cup Canned Fruit

Choice of Milk

- Fat Free Chocolate
- Fat Free White
- 1% White Milk



BREAKFAST! IT'S A BARGAIN \$1.50!

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