



## FREE SUMMER FEEDING

### Summer Food Service Program

- Free meals made available to all children
  - 18 years of age and under
- No application or proof of income needed
  - June 4<sup>th</sup> - July 19<sup>th</sup>
  - Monday, Tuesday, Wednesday, Thursday
    - Abingdon Elementary School
  - (PICNIC SHELTER- rear parking lot off Elementary Drive )
    - **Breakfast:** 8:00am to 9:00am
    - **Lunch:** 10:30am to 11:30am
    - (Closed Friday, Saturday, Sunday)
      - (Closed July 4<sup>th</sup> and July 5<sup>th</sup>)

Sponsored by Washington County Virginia School Nutrition  
Contact: Valerie Cupp (276)739-3074

This Institution is an equal opportunity provider



## FREE SUMMER FEEDING

### Summer Food Service Program

- Free meals made available to all children
  - 18 years of age and under
- No application or proof of income needed
  - June 11<sup>th</sup> – August 3<sup>rd</sup>
  - Monday thru Friday
  - Emmanuel Baptist Church
- 19383 Lee Highway, Abingdon VA. 24210
  - **Breakfast:** 8:00am to 9:00am
  - **Lunch:** 11:30am to 12:30pm
  - (Closed Saturday, Sunday)
  - (Closed July 4<sup>th</sup>)

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# FREE SUMMER MEALS

AVAILABLE TO CHILDREN 18  
YEARS OF AGE AND YOUNGER

Find **food, friends and fun** at a  
summer meals site near you.

- FREE for all children age 18 and younger
- Healthy meals based on USDA nutrition guidelines
- Served at sites such as schools and churches that may offer learning and recreational activities
- Fun, safe place for children to be active and visit with friends
- No application or proof of income needed

Text **FOOD** to **877-877**

go to [www.fns.usda.gov/SummerFoodRocks](http://www.fns.usda.gov/SummerFoodRocks)  
to find a site near you

