

Washington County  
Virginia

Elementary School  
Lunch Menu

May 2019

This institution is an equal  
opportunity provider.

**School News**

Make the healthy  
economical choice:

Lunch

Paid \$2.35

Reduced \$0.40

Free \$0.00

**Choice of Milk**

**1% White**

**Chocolate Non-Fat**

**Strawberry Non-Fat**

A school lunch includes 5  
components:

- Meat/Meat Alternative
- Grain
- Vegetable
- Fruit
- Milk

A minimum of 3 components  
must be selected by the  
student to meet required  
standards. 1 of the selected  
components must be a 1/2  
cup of fruit or vegetable.

Get in touch with us today to learn more  
about free and reduced priced meals in  
our district.

276-739-3074

www.wcs.k12.va.us

Make payments easily and safely using  
K12PaymentCenter.com

Monday April 29	Tuesday, April 30	Wednesday, May 1	Thursday, May 2	Friday, May 3
<p><u>Choose 1</u> Breaded Chicken Patty Or Jamwich w/string cheese &amp; Graham Cracker <u>Choose 1 or 2</u> Steam Broccoli Sweet Potato Fries</p> <p><u>Choose 1</u> Fruit</p> <p>Choice of Milk</p>	<p><u>Choose 1</u> Chicken Nuggets w/homemade roll or Yogurt w/graham cracker &amp; string cheese</p> <p><u>Choose 1 or 2</u> Whipped Potatoes California Blend Veggies <u>Choose 1</u> Fruit or Juice</p> <p>Choice of Milk</p>	<p><u>Choose 1</u> Mini Corn Dogs or Bologna &amp; Cheese Sandwich</p> <p><u>Choose 1 or 2</u> Pinto Beans w/diced onion Carrot Sticks Potato Tots <u>Choose 1</u> Fruit</p> <p>Choice of Milk</p>	<p><u>Choose 1</u> Spaghetti w/garlic breadstick Or Jamwich w/string cheese &amp; graham cracker <u>Choose 1 or 2</u> Yellow Squash Green Beans <u>Choose 1</u> Fruit or Juice</p> <p>Choice of Milk</p>	<p><u>Choose 1</u> Pizza Or Ham &amp; Cheese Sub</p> <p><u>Choose 1 or 2</u> Strawberry &amp; Spinach Salad Buttered Corn</p> <p><u>Choose 1</u> Fruit</p> <p>Choice of Milk</p> <p>School Lunch Hero Day!</p>
Monday, May 6	Tuesday, May 7	Wednesday, May 8	Thursday, May 9	Friday, May 10
<p><u>Choose 1</u> Macaroni &amp; Cheese w/garlic breadstick Jamwich w/graham cracker &amp; string cheese</p> <p><u>Choose 1 or 2</u> Green Beans Sweet Potato Puffs <u>Choose 1</u> Fruit</p> <p>Choice of Milk</p>	<p><u>Choose 1</u> Hot Dog w/chili &amp; onion or Bologna &amp; Cheese Sandwich</p> <p><u>Choose 1 or 2</u> Baked Beans Potato Smiles</p> <p><u>Choose 1</u> Fruit or Juice</p> <p>Choice of Milk</p>	<p><u>Choose 1</u> Popcorn Chicken &amp; Waffles or Yogurt w/graham cracker &amp; string cheese</p> <p><u>Choose 1 or 2</u> Green Beans Sweet Potato Fries</p> <p><u>Choose 1</u> Fruit</p> <p>Choice of Milk</p>	<p><u>Choose 1</u> Grill Cheese Jamwich w/graham cracker &amp; string cheese</p> <p><u>Choose 1 or 2</u> Tomato Soup Mix Green Salad Crinkle Fries</p> <p><u>Choose 1</u> Fruit or Juice</p> <p>Choice of Milk</p>	<p><u>Choose 1</u> Scrambled Eggs/Sausage Link Biscuit &amp; Gravy or Jamwich w/string cheese &amp; graham cracker <u>Choose 1 or 2</u> Potato Wedges Carrot Sticks</p> <p><u>Choose 1</u> Fruit</p> <p>Choice of Milk</p>
Monday, May 13	Tuesday, May 14	Wednesday May 15	Thursday, May 16	Friday, May 17
<p><u>Choose 1</u> Mozzarella Cheese Sticks Or Jamwich w/string cheese &amp; graham cracker <u>Choose 1 or 2</u> Tomato Soup Potato Smiles California Blend Veggies <u>Choose 1</u> Fruit</p> <p>Choice of Milk</p>	<p><u>Choose 1</u> Chicken Fajita Wrap w/lettuce &amp; tomato or Ham &amp; Cheese Sub <u>Choose 1 or 2</u> Buttered Corn Salsa Refried Beans</p> <p><u>Choose 1</u> Fruit or Juice</p> <p>Choice of Milk</p>	<p><u>Choose 1</u> Hamburger or Cheese Burger (lettuce, tomato &amp; onion) or Jamwich w/graham cracker &amp; string cheese <u>Choose 1 or 2</u> Baked Beans Broccoli &amp; Cheese</p> <p><u>Choose 1</u> Fruit</p> <p>Choice of Milk</p>	<p><u>Choose 1</u> Chicken Fryz w/garlic breadstick or Jamwich w/string cheese &amp; graham cracker</p> <p><u>Choose 1 or 2</u> Whipped Potatoes Green Beans</p> <p><u>Choose 1</u> Fruit or Juice</p> <p>Choice of Milk</p>	<p><u>Choose 1</u> Pork BBQ on Bun or Jamwich w/string cheese &amp; graham cracker</p> <p><u>Choose 1 or 2</u> Sweet Potato Puffs Buttered Corn</p> <p><u>Choose 1</u> Fruit</p> <p>Choice of Milk</p>
Monday, May 20	Tuesday, May 21			
<p><b>Managers Choice</b></p>	<p><b>Managers Choice</b>  <b>2 hr Early Dismissal</b>  <b>Last Day of School</b></p>			

**Attention Parent/Guardian:**

As the 2018-2019 school year is winding down, here are a few reminders:

Positive and negative student account balances do carry over each school year. If your child has a negative balance we ask, you to try to get it paid prior to the last day of school.

If you are having a financial hardship and may be in need of a payment plan, please call Brenda Green 276-739-3031.

If we have a current meal application on file and you have had a change in income or increased in household members please call Brenda Green 276-739-3031. Child Nutrition may receive meal applications through the last day of school. Meal benefits will be good for the first 30 days of the 2019-2020 school year.

**Senior Parents/Guardian**

If your graduating senior students has a negative account balance, we ask you to try to pay by May 3, 2019. If your graduating senior student has a positive account balance, you have two options.

You may transfer their balance to a sibling account or request a refund.

To request a transfer <http://www.wcs.k12.va.us/content/school-nutrition-refundfunds-transfer-form>

To request a refund <http://www.wcs.k12.va.us/content/school-nutrition-refundfunds-transfer-form>

Senior refund request will become void after the last day of school.

Monday April 29	Tuesday, April 30	Wednesday, May 1	Thursday, May 2	Friday, May 3
<p><u>Choose 1</u> Breakfast Pizza Jamwich Goody Ring Snack Bun Mini Cinni Cereal w/graham cracker Yogurt w/graham cracker</p> <p><u>Choose 1 or 2</u> Fruits</p> <p><b>Choice of Milk</b></p>	<p><u>Choose 1</u> Pancakes Chicken Biscuit Sausage Biscuit Jamwich Goody Ring Snack Bun Mini Cinni Cereal w/graham cracker Yogurt w/graham cracker</p> <p><u>Choose 1 or 2</u> Fruits</p> <p><b>Choice of Milk</b></p>	<p><u>Choose 1</u> Waffles Jamwich Goody Ring Snack Bun Mini Cinni Cereal w/graham cracker Yogurt w/graham cracker</p> <p><u>Choose 1 or 2</u> Fruits</p> <p><b>Choice of Milk</b></p>	<p><u>Choose 1</u> French Toast Sticks Chicken Biscuit Sausage Biscuit Jamwich Goody Ring Snack Bun Mini Cinni Cereal w/graham cracker Yogurt w/graham cracker</p> <p><u>Choose 1 or 2</u> Fruits</p> <p><b>Choice of Milk</b></p>	<p><u>Choose 1</u> Fruit Smoothie w/graham cracker Pancake Sausage Stick Jamwich Goody Ring Snack Bun Mini Cinni Cereal w/graham cracker Yogurt w/graham cracker</p> <p><u>Choose 1 or 2</u> Fruits</p> <p><b>Choice of Milk</b></p>
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Monday, May 20	Tuesday, May 21	<p style="text-align: center;"><b>Washington County Virginia Elementary School Breakfast Menu May 2019</b></p> <p style="text-align: center;">This institution is an equal</p> <p style="text-align: center;">Again, we thank you for your continued support in allowing us to serve you and we look forward to 2019-2020 school year. Respectfully, Child Nutrition Programs.</p>		
<b><u>Managers Choice</u></b>	<b><u>Managers Choice</u></b> <b><u>2 hr Early Dismissal</u></b> <b><u>Last Day of School</u></b>			